



Clinical Practice Guidelines

Clinical practice guidelines are resources for Solis' network providers, offering the recommendations that are available from evidence-based practice literature. This information and the information contained in the guidelines are not a substitute for a physician or health care professional's clinical judgment and is not always applicable to an individual. Therefore, the physician or healthcare professional and patient should work in partnership in the decision-making process regarding the patient's treatment. Using this information will not guarantee a specific outcome for each patient. None of the information in the guidelines is intended to interfere with or prohibit clinical decisions made by a treating physician or other healthcare professional regarding medically available treatment options for patients. Publication of these guidelines is not a promise or guarantee of coverage. Individuals should review their coverage to determine benefits.

Solis periodically monitors compliance with nationally recognized clinical practice guidelines.

Adult Immunizations

Centers for Disease Control and Prevention

[Recommended Immunization Schedule for Adults Ages 19 Years or Older, United States 2018](#)

Asthma Care

U.S. Department of Health and Human Services. National Institutes of Health. National Heart, Lung, and Blood Institute.

[Asthma Care Quick Reference- Diagnosis and Managing Asthma](#)

Atherosclerotic Cardiovascular Disease

Journal of American College of Cardiology

[2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease- Clinical Practice Guidelines](#)

CVD risk factors include LDL cholesterol \geq 100 mg/dL (2.6 mmol/L), high blood pressure, smoking, chronic kidney disease, albuminuria, and family history of premature atherosclerotic CVD.

Breast Cancer Screening

U.S. Preventive Services Task Force

[Breast Cancer Screening Recommendations](#)

Cervical Cancer Screening

U.S. Preventive Services Task Force

[Cervical Cancer Screening Recommendations](#)



Chronic Obstructive Pulmonary Disease

U.S. Preventive Services Task Force

[Chronic Obstructive Pulmonary Disease: Screening](#)

Gold 2022 COPD Guidelines

<https://goldcopd.org/2022-gold-reports-2/>

Depression

Institute for Clinical Systems Improvement

<https://www.icsi.org/wp-content/uploads/2021/11/Depr.pdf>

Diabetes

American Diabetes Association

<https://diabetesjournals.org/clinical/article/40/1/10/139035/Standards-of-Medical-Care-in-Diabetes-2022>

Heart Failure

Journal of the American College of Cardiology-2022 Congestive Heart Failure Guidelines

<https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063>

Heart Risk Calculator

[Heart risk calculator tool](#)

Hypertension

2019 ACC/AHA Guideline

[Primary Prevention of Cardiovascular Disease](#)

Obesity Screening for Adults

U.S. Preventive Services Task Force

[Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions](#)

Preventive Care

Various Clinical Preventive Service Information

[Home page | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org)



Prostate Cancer Screening

U.S. Preventive Services Task Force

[Prostate Cancer Screening Recommendations](#)

Smoking Cessation

US Preventive Services Task Force

[Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions](#)

Statin Use for Primary Prevention of Cardiovascular Disease in Adults

U.S. Preventive Services Task Force

[Statin Use for Primary Prevention of CVD in adults: Preventive Medicine](#)

Well-woman Routine Care

Women's Preventive Services Initiatives

[ACOG Recommendations](#)

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