Recommended To-Do List

Prepared on:

You can get the best results from your medications by completing the items on this **"To-Do List."**

Bring your **To-Do** List when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

What we talked about	What I should do:
Managing My Medications	❑ Make sure I know what each prescription is for, what it is supposed to do, and how I should take it. ❑ Make sure I know the results of any tests I have that check how well my medication is working and share these results with all my health care providers. ❑ Know when to call my health care provider and when to seek immediate help.

What we talked about	What I should do:
	❑

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	❑